

Tr.	Title	Time	Description	File Name	Composer / Publisher
1	Comfortable Shoes	2:49	Fun, Fresh, Easygoing	Comfortable-Shoes_FULL_WSR1430101	Kelly Richmond (SOCAN)
2	Comfortable Shoes - Alt Mix	2:49		Comfortable-Shoes_ALT_WSR1430201	Westar Music Publishing (SOCAN)
20		:60		Comfortable-Shoes_60_WSR1432001	
30		:30		Comfortable-Shoes_30_WSR1433001	
40		:10		Comfortable-Shoes_STING_WSR1434001	
3	En Route	2:42	Uplifting, Free, Easy	En-Route_FULL_WSR1430301	Kelly Richmond (SOCAN)
4	En Route - Alt Mix	2:42		En-Route_ALT_WSR1430401	Westar Music Publishing (SOCAN)
21		:60		En-Route_60_WSR1432101	
31		:30		En-Route_30_WSR1433101	
41		:10		En-Route_STING_WSR1434101	
5	Cypress Point	2:40	Rolling, Serene, Active	Cypress-Point_FULL_WSR1430501	Kelly Richmond (SOCAN)
6	Cypress Point - Alt Mix	2:39		Cypress-Point_ALT_WSR1430601	Westar Music Publishing (SOCAN)
22		:60		Cypress-Point_60_WSR1432201	
32		:30		Cypress-Point_30_WSR1433201	
42		:11		Cypress-Point_STING_WSR1434201	
7	Circulate	2:58	Fresh, Upbeat, Stylish	Circulate_FULL_WSR1430701	Kelly Richmond (SOCAN)
8	Circulate - Alt Mix	2:58		Circulate_ALT_WSR1430801	Westar Music Publishing (SOCAN)
23		:60		Circulate_60_WSR1432301	
33		:30		Circulate_30_WSR1433301	
43		:10		Circulate_STING_WSR1434301	
9	Striding Forward	2:45	Energetic, Lively, Contented	Striding-Forward_FULL_WSR1430901	Kelly Richmond (SOCAN)
10	Striding Forward - Alt Mix	2:45		Striding-Forward_ALT_WSR1431001	Westar Music Publishing (SOCAN)
24		:60		Striding-Forward_60_WSR1432401	
34		:30		Striding-Forward_30_WSR1433401	
44		:09		Striding-Forward_STING_WSR1434401	
11	Undaunted	2:26	Bold, Compelling, Brash	Undaunted_FULL_WSR1431101	Rick Rhodes (ASCAP), Chieli Minucci (ASCAP) & Steve Skinner (BMI)
12	Undaunted - Alt Mix	2:26		Undaunted_ALT_WSR1431201	Westar Music Publishing (SOCAN) & Westar Two Publishing (SOCAN)
25		:60		Undaunted_60_WSR1432501	
35		:30		Undaunted_30_WSR1433501	
45		:15		Undaunted_STING_WSR1434501	
13	Dressed to Kill	2:20	Carefree, Confident, Stylish	Dressed-to-Kill_FULL_WSR1431301	Rick Rhodes (ASCAP), Chieli Minucci (ASCAP) & Steve Skinner (BMI)
26		:60		Dressed-to-Kill_60_WSR1432601	Westar Music Publishing (SOCAN) & Westar Two Publishing (SOCAN)
36		:30		Dressed-to-Kill_30_WSR1433601	
46		:15		Dressed-to-Kill_STING_WSR1434601	
14	Embrace Life	2:32	Open, Flowing, Pleasant	Embrace-Life_FULL_WSR1431401	Rick Rhodes (ASCAP), Chieli Minucci (ASCAP) & Steve Skinner (BMI)
15	Embrace Life - Alt Mix	2:33		Embrace-Life_ALT_WSR1431501	Westar Music Publishing (SOCAN) & Westar Two Publishing (SOCAN)
27		:60		Embrace-Life_60_WSR1432701	
37		:30		Embrace-Life_30_WSR1433701	
47		:15		Embrace-Life_STING_WSR1434701	
16	Thyme and Tide	2:49	Quiet, Intimate, Tender	Thyme-and-Tide_FULL_WSR1431601	Kelly Richmond (SOCAN)
17	Thyme and Tide - Alt Mix	2:49		Thyme-and-Tide_ALT_WSR1431701	Westar Music Publishing (SOCAN)
28		:60		Thyme-and-Tide_60_WSR1432801	
38		:30		Thyme-and-Tide_30_WSR1433801	
48		:10		Thyme-and-Tide_STING_WSR1434801	
18	Serenity	2:45	Rich, Tranquil, Emotional	Serenity_FULL_WSR1431801	Kelly Richmond (SOCAN)
19	Serenity - Alt Mix	2:45		Serenity_ALT_WSR1431901	Westar Music Publishing (SOCAN)
29		:60		Serenity_60_WSR1432901	
39		:30		Serenity_30_WSR1433901	
49		:10		Serenity_STING_WSR1434901	

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